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Traditional medicinal knowledge about Gram Pod borer *Helicoverpa armigera* (Hubner) feeding on Paninoi (*Convolvulus hispidus*) in Chhattisgarh, India. Updated Version.

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Traditional medicinal knowledge about Gram Pod borer *Helicoverpa armigera* (Hubner) feeding on Paninoi (*Convolvulus hispidus*) in Chhattisgarh, India. Updated Version.

Pankaj Oudhia

Introduction

Entomophagy and Entomotherapy are well known in Asia since generations. Unfortunately not much work has been done to document valuable Traditional Medicinal Knowledge about Insects. Pankaj Oudhia is documenting this knowledge since year 1990. The present note “Traditional medicinal knowledge about Gram Pod borer *Helicoverpa armigera* (Hubner) feeding on Paninoi (*Convolvulus hispidus*) in Chhattisgarh, India.” is updated version of his previously published online research document available through pankajoudhia.com.

Keywords: Entomophagy; Entomotherapy; Medicinal Insects; Ayurveda; Chhattisgarh;

Paninoi (*Convolvulus hispidus*) is a robust, twisting annual commonly grows as wasteland herb. Its leaves and stems are used as vegetable. Gram pod borer *Helicoverpa armigera* is well known polyphagous insect. Besides, its heavy infestation on Gram, it attacks on many wasteland herbs. Paninoi is one of these herbs but the infestation is relatively less in Chhattisgarh. The traditional healers of Chhattisgarh Plains aware of medicinal properties and uses of *Helicoverpa* feeding on different hosts, are using the full fed caterpillars collected from *Convolvulus hispidus* herb, as medicine. Through the Ethno-entomological surveys conducted in recent past, I have collected the information on its traditional medicinal uses. The full fed caterpillars are used internally in powder form. The traditional healers specialized in treatment of different types of fever add the powder in popular herbal combinations used in treatment. Although the caterpillar powder is added in smaller amount but according to the traditional healers it plays an important role in the formulation. The traditional healers of Raipur region use the caterpillar powder in treatment of spleen related troubles. You will be surprised to know that Paninoi is not used in treatment of these diseases. I personally feel that there is a strong need to start a systematic research on this aspect as alone Paninoi or *Helicoverpa* is not used as medicine for spleen related troubles and in treatment of fever but full fed caterpillar possess the natural chemicals beneficial for these troubles. The traditional healers are not aware of its other medicinal uses. Through the on-going surveys I am trying my best to gather more information on this important aspect.

These traditional medicinal uses have yet not been reported in reference literatures. I am feeling fortunate to document this important traditional medicinal knowledge.

New Comments added on June 2014

Through recent surveys I have collected information about over 9000 Formulations in which Helicoverpa collected from Convolvulus is added as important ingredient. These Formulations are used in treatment of different diseases both internally as well as externally. In Floscopa, Murdannia and Cyanotis based Formulations Helicoverpa is added as denary ingredient. These Formulations are used in treatment of skin diseases. In treatment of Migraine the Traditional Healers use Juncus, Areca and Cocos based Formulations. Helicoverpa is added as nonary ingredient in these Formulations with Curcuma caesia. In Dioscorea, Costus and Tacaa based Formulations for gynecological diseases Helicoverpa is added as octonary ingredient. In Borassus, Calamus and Caryota based Formulations for Blood Cancer Helicoverpa is added septenary ingredient. In Sabal, Pandanus and Typha based Formulations for Diabetes Complications Helicoverpa is added as quinary ingredient with Physalis and Echinops. In

treatment of old cough the Healers use Arisaema, Colocasia and Cajanus based Formulations. Helicoverpa is added as quaternary ingredient in these Formulations. In case of Blumea Excess the Healers use Pothos and Plumbago based Formulations. Helicoverpa is added as tertiary ingredient in these Formulations. For information on complete Formulations and dosage please visit pankajoudhia.com

Thank you very much for reading the article.

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